

**Bike:****Mi / Km:****Date:**

Service 6,000mi 10,000 km	Inspection 12,000 mi 20,000 km	Gran Canyon Maintenance Log Item	Tool / Part / Spec / Note
<input type="checkbox"/>	<input type="checkbox"/>	VINO:            VINC:            VEXO:            VEXC: HINO:            HINC:            HEXO:            HEXC:	O: In.002-.005", Ex.002-.006" (.004")
	<input type="checkbox"/>	Replace Spark Plugs - Champion RA6HC (NGK DCPR8E?)	Reshim if C >= 0.002" (factory 0.008")
<input type="checkbox"/>	<input type="checkbox"/>	Clean Air Filter	18-20 Nm, 0.6mm = .024"
<input type="checkbox"/>	<input type="checkbox"/>	Clean Air Filter	K&N
<input type="checkbox"/>	<input type="checkbox"/>	Oil Change 10W40	3.7qt w/ filter
<input type="checkbox"/>	<input type="checkbox"/>	Oil Filter Change	NAPA 1352, HiFlo HF153,
	<input type="checkbox"/>	Clean Sump Screen	Duc 4440034A
	<input type="checkbox"/>	Fork Oil (factory 7.5wt, 680cc/leg after rebuild)	650cc/leg 10wt 150mm from tube top
<input type="checkbox"/> Check/Adjust	<input type="checkbox"/> Lube	Steering Head Bearings	
<input type="checkbox"/>	<input type="checkbox"/>	Fuel Filter - Replace - AutoZone FF3424, FF3401	BMW 1150GS:16.142.325.859
<input type="checkbox"/> Check/Adjust	<input type="checkbox"/> Replace	Timing Belts	5mm at tensioner
		Service Fuel Injection System - as necessary	Sensor Diagram: Owners Man. P.24
<input type="checkbox"/>	<input type="checkbox"/>	Check Brake Pads (1.5mm min. thickness)	Galfer FD108 green, EBC FA142AH
		Replace Front <input type="checkbox"/> /            Replace Rear <input type="checkbox"/>	Galfer FD117 black
<input type="checkbox"/>	<input type="checkbox"/>	Brake Disks FrLf:            FrRt:            Rear:	min thickness: 3.5mm, 0.138"
<input type="checkbox"/> Check/Adjust	<input type="checkbox"/> Replace	Brake & Clutch Check Lines and Check/Replace Fluid Levels	DOT 4
<input type="checkbox"/> Lube	<input type="checkbox"/> Lube	Lube Clutch & Brake Lever Pivots & Nipples	powdered graphite or white lithium
	<input type="checkbox"/> Lube	Lube Speedo Cable	White Lithium Grease
<input type="checkbox"/> Check	<input type="checkbox"/> Check	Check Spoke Tension	Runout Limit = 2mm, 0.078"
<input type="checkbox"/> Check/Adjust	<input type="checkbox"/> Renew	Chain 525 x 108, 16t x 41t stock gearing (15-18 cs available)	38mm 1.5"
<input type="checkbox"/>	<input type="checkbox"/>	Lube:Stands, BrakePedal, ChainRollers	Multi-purpose grease
<input type="checkbox"/>	<input type="checkbox"/>	Check/Tighten: Engine Mount Bolts	
<input type="checkbox"/>	<input type="checkbox"/>	Check/Tighten Head Bolts	
<input type="checkbox"/>	<input type="checkbox"/>	Check/Tighten: Exhaust Mount Bolts	
<input type="checkbox"/> Tighten	<input type="checkbox"/> Lube	Swing-arm Pivot Bolt/Bearings	
<input type="checkbox"/> Tighten	<input type="checkbox"/> Lube	Shock & Linkage Bolts/Bearings (bottom knob 20 clicks out)	28 ft-lb. 3.9 kg-m, 38.2 N-m
<input type="checkbox"/> Check	<input type="checkbox"/> Renew	Inspect Wheel Bearings - Replace at 24k-mi/40k-km multiples	Front - 6005-2RSR-C3 (2 req'd) Rear - 6004-2RSR-C3 (4 req'd)
		Front Tire, 100-90x19", 31-34 psi, Pirelli MT-90 or ST	2.15x19" Rim
		Rear Tire, 150-70x17", 34-37 psi, Pirelli MT-90 or ST	4.25x17" Rim